



THE TABLE OF HERBAL QUALITIES

Mooligai Guna Attavanai

மூலிகை குண அட்டவணை

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The Traditional Siddha Chart of
Medicinal Plants and Their Healing
Qualities, from the Prose Works of
Ramalinga Swamigal (Vallalar)

DISCLAIMER

This book presents translations and commentaries on the original tamil works of Ramalinga Swamigal (Vallalar). While every effort has been made to accurately convey the profound meaning of these texts, the translation of poetic and spiritual scriptures is inherently an act of interpretation. Therefore, the original tamil text remains the sole definitive source of authority. To alert us of any mistake or to propose a revision, feel free to email us at international@sanmarkkamlife.org

The information provided in this book, encompassing spiritual, mental, dietary, and other health practices, is intended solely for educational and informational purposes. It should not be considered a substitute for professional medical advice, diagnosis, or treatment. Always consult a qualified healthcare professional regarding any health concerns or before making any decisions related to your health

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ABOUT THE AUTHOR

Ramalinga Swamigal (1823–1874), lovingly known as Vallalar, was a Tamil poet, mystic, and spiritual teacher from southern India. Born in Chidambaram and raised in Chennai, he showed a profound sensitivity to the suffering of others from childhood. He fed the hungry without condition, grieved at the sight of a withering plant, and rejected meat eating because the pain of any living creatures was, to him, his own pain.

His central teaching was *Jeeva Karunyam* — active compassion for all living beings — as the only genuine foundation of spiritual life. Alongside this, he taught *Atma Neya Orumaipadu* (the Unity of Souls): that every living being shares the same spiritual essence and is owed the same dignity. Without these two, he said, no scripture, no ritual, and no devotion leads anywhere spiritually real.

He rejected caste, religious division, and sectarian hierarchy as barriers to a single recognition: that the same divine light, *Arutperunjothi*, dwells in every soul without exception.

At Vadalur in Tamil Nadu, he gave these teachings a living form. He established the Sathya Dharma Salai, a free dining hall where anyone could receive a meal without distinction of caste, religion, or social standing. This was a revolutionary form of charity at that time. Vallalar taught that the hunger of any living creature is the hunger of the Divine itself, and that no act of worship carries more weight than feeding another being. The doors were open to all; no one was turned away.

In 1872 he consecrated the Sathya Nāṇa Sabai at Vadalur, a hall of light built not for any religion but as a dwelling place for the grace that sustains all life, its sacred flame tended to this day.

On January 30, 1874, Vallalar entered a small room at Mettukuppam, a village near Vadalur, asked his disciples to lock it from the outside, and told them he would not be coming out. When the room was eventually opened, it was empty. No trace of his body was found. The event was recorded by the government and the british collector John Henry Garstin.

Those who follow his path understand this not as a death but as the fulfillment of his teaching on deathlessness — that through the transforming grace of *Arutperunjothi*, the physical body itself can pass beyond the reach of death.

MOOLIGAI GUNA ATTAVANAI - INTRODUCTION

Mooligai Guna Attavanai, "The Table of Herbal Qualities," is a short prose work coming from Ramalinga Swamigal, lovingly known as Vallalar (1823–1874).

It is different from his poems and his ethical texts. It is a working list: hundreds of plants set down one after another, each paired with the disease it was held to relieve or the role it played in the medicine of its day.

The chart belongs to the world of Siddha medicine, the ancient healing system of the Tamil land in which Vallalar further purified by removing cruel substances such as blood, organs, egg and bones.

It moves through the plants a nineteenth-century healer would have known by sight and by name. From neem and Tulasi to the sacred tree of Vilvam and the humble plantain.

For many plants the list goes further, naming the separate powers of the flower, the root, the bark, the sap, and the leaf, so that a single plant may occupy several lines.

Why would Vallalar, whose whole teaching was compassion, set down a list of herbs and minerals? Because for him the two were never separate. His central value was Jeevakarunyam, active compassion for every living being, and relieving the suffering coming from any disease is an act of Jeeva Karunyam itself.

A note on the text. Several preparations described in this chart involve mercury, arsenic, lead, and other substances now known to be toxic. This book is published solely for historical, cultural, and spiritual study. Nothing in it is medical advice, and none of the remedies or preparations described should be made, taken, or given to anyone. For any health concern, please consult a qualified medical professional.

Original tamil text taken from -

<https://www.vallalar.org/Tamil/V000020910B>

MOOLIGAI GUNA ATTAVANAI – TRANSLATION

SECTION 1: HERBS 1 TO 100 (GILOY, NEEM, KARISALAI)

English/Scientific Name	Properties	Tamil Name
Giloy / Heart-leaved Moonseed <i>Tinospora cordifolia</i>	Kaya Siddhi: Longevity, cellular rejuvenation, and immunity.	1. சீந்தில்
Bowstring Hemp <i>Sansevieria roxburghiana</i>	Vranari: Eradicates deep wounds, stubborn ulcers, and skin gashes.	2. மருள்
Stinging Nettle <i>Tragia involucrata</i>	Kapari: Destroys excess respiratory phlegm, mucus, and chest fluid.	3. காஞ்சொறி
Greater Stinging Nettle <i>Girardinia diversifolia</i>	Kapari: Eradicates severe, chronic, deep- seated phlegm.	4. பெருங்கா ஞ்சொறி

English/Scientific Name	Properties	Tamil Name
Malabar Nut <i>Justicia adhatoda</i>	Surari: Conquers persistent fevers, asthma, and respiratory issues.	5. ஆடாதோ டை
Ebony Tree / Cutch Tree <i>Acacia catechu</i>	Kushtari: Cures stubborn chronic skin diseases and leprosy.	6. கருங்காலி
White Ebony variant <i>Diospyros spp.</i>	Nagamani Bandhani: Alchemical stabilization of mercury/gems.	7. வெண் கருங்காலி
Neem Tree <i>Azadirachta indica</i>	Pithari: Destroys excess toxic bile, liver heat, and blood impurities.	8. வேம்பு
Mahanimba / Tree of Heaven <i>Ailanthus excelsa</i>	Vathari: Relieves excruciating neuralgic joint pain and rheumatism.	9. பெருவேம் பு
King of Bitters <i>Andrographis paniculata</i>	Cures acute fevers, uterine/menstrual blocks, and trapped gas.	10. நிலவேம்பு

English/Scientific Name	Properties	Tamil Name
Sweet Neem variant <i>Azadirachta sp. (var)</i>	Kaya Siddhi: Long-term cellular renewal and physical vitality.	11. சர்க்கரை வேம்பு
Nut Grass Root <i>Cyperus rotundus</i>	Doshari: Harmonizes and balances all three bodily humors.	12. கோரைக்கி மூங்கு
Diamond Flower <i>Oldenlandia corymbosa</i>	Sharpens failing eyesight and removes deep internal metabolic heat.	13. பற்பாடகம்
Vetiver Grass Root <i>Chrysopogon zizanioides</i>	Thapari: Relieves severe internal burning sensations and core heat.	14. வெட்டிவே ர்
Plectranthus Root <i>Plectranthus vetti veroides</i>	Pithari: Expels stubborn toxic bile and systemic inflammation.	15. விலாமிச்ச ம்வேர்
Wild Snake Gourd <i>Trichosanthes cucumerina</i>	Pithari: Strongly purges toxic bile out of the hepatic system.	16. பேய்ப்புடல்

English/Scientific Name	Properties	Tamil Name
Velvet Leaf <i>Cyclea peltata</i>	Stops violent diarrhea, dysentery, and acute loose purging.	17. வட்டத்திரி ப்பி
Coomb Teak / White Teak <i>Gmelina arborea</i>	Cures high-fever delirium, tremors, and toxic shocks.	18. குமிள்
Large Coomb Teak <i>Gmelina sp.</i>	Eradicates stubborn chronic, intermittent, and malarial fevers.	19. பெருங்குமி ழ்
Wild Eggplant <i>Solanum xanthocarpum</i>	Relieves severe asthma, gasping, and bronchial irritation.	20. கண்டங்கத் தரி
Solanum variant <i>Solanum melongena (wild)</i>	Cures chronic deep hacking cough, bronchitis, and wheezing.	21. சிறுவழுத லை
Wild Nightshade <i>Solanum sp.</i>	Liquefies and expels stubborn, dried respiratory mucus layers.	22. வழுதலை

English/Scientific Name	Properties	Tamil Name
Puncture Vine <i>Tribulus terrestris</i>	Cures painful, difficult, or scanty urination (Dysuria).	23. நெரிஞ்சில்
Bael Fruit Tree <i>Aegle marmelos</i>	Instantly stops violent vomiting, severe nausea, and gastric reflux.	24. வில்வம்
Dusky Fire Fly Bush <i>Premna serratifolia</i>	Cures metabolic diabetes, internal venereal heat, and burning.	25. முன்னை
Fever Nut / Bonduc Nut <i>Caesalpinia bonduc</i>	Reduces acute scrotal swelling, hydrocele, and orchitis.	26. கழற்கொடி
White Fever Nut variant <i>Caesalpinia sp.</i>	Cures severe peptic stomach ulcers and agonizing colic pain.	27. வெண்கழற் கொடி
East Indian Globe Thistle <i>Sphaeranthus indicus</i>	Vakkuthari: Restores voice clarity, throat health, and speech power.	28. கொட்டைக் கரந்தை

English/Scientific Name	Properties	Tamil Name
Stinking Globe Thistle <i>Sphaeranthus amaranthoides</i>	Kaya Siddhi: Absolute cellular rejuvenation and life extension.	29. நாறுங்கரந்தை
Indian Sarsaparilla <i>Hemidesmus indicus</i>	Dhega Siddhi: Bestows flawless skin, purifies blood, cools organs.	30. நன்னாரி
Wild Ridge Gourd <i>Luffa echinata</i>	Used to extract and manufacture alchemical sulfur oil.	31. பேய்ப்பீர்க்கு
Standard Ridge Gourd <i>Luffa acutangula</i>	Calms the central nervous system and balances excess Vatha.	32. மற்றைப்பீர்க்கு
Wild Bitter Gourd <i>Momordica dioica</i>	Used to structurally bind and stabilize alchemical mercury.	33. பழுப்பாகல்
Thorny Cucumber <i>Cucumis sativus (wild)</i>	Flushes out painful urinary tract obstructions and kidney sand.	34. முள் வெள்ளரி

English/Scientific Name	Properties	Tamil Name
Senna Pods <i>Senna alexandrina</i>	Regulates downward metabolic energy; acts as a safe laxative.	35. நிலவுகாய்
White Rattlepod <i>Crotalaria verrucosa</i>	Used to process volatile mercury into a heat-resistant calx.	36. வெண் கிலுகிலுப் பை
Ivy Gourd <i>Coccinia grandis</i>	Instantly arrests excessive, severe watery diarrhea and dysentery.	37. கோவை
Sweet Ivy Gourd variety <i>Coccinia grandis (sweet)</i>	Paravindhu Bandhani: Retains and fixes vital reproductive essence.	38. தீங்கோ வை
Golden Shower Tree <i>Cassia fistula</i>	Eradicates pathogenic intestinal worms, amoebae, and parasites.	39. கொன்றை
Kidney Leaf Morning Glory <i>Merremia emarginata</i>	Reduces severe water retention, bloating, dropsy, and edema.	40. எலிச்செவி

English/Scientific Name	Properties	Tamil Name
Square Spurge / Milkhedge <i>Euphorbia antiquorum</i>	Alchemical processing medium for detoxifying mineral poisons/arsenic.	41. சதுரக்கள் ளி
Indian Turpeth <i>Operculina turpethum</i>	Virochani: Elite systemic purgative for deep colon detoxification.	42. சிவதை
Clerodendrum variant <i>Clerodendrum serratum</i>	Expels trapped intestinal gas, bloating, and acute flatulence.	43. பிரதூதிகை
Chaff Flower <i>Achyranthes aspera</i>	Cures severe indigestion, metabolic sluggishness, and gastric blocks.	44. நாயுருவி
Salt of Chaff Flower <i>Achyranthes aspera salt</i>	Used to process and balance all secondary minerals/metalloids.	45. மேற்படி லவணம்
Red Square Spurge <i>Euphorbia antiquorum var.</i>	Alchemical binding catalyst for consolidating gold and copper.	46. செஞ்சதுரக் களளி

English/Scientific Name	Properties	Tamil Name
White Hogweed <i>Trianthema portulacastrum</i>	Cures severe body numbness, localized nerve deadness, and paralysis.	47. சாறடை
Spreading Hogweed / Punarnava <i>Boerhavia diffusa</i>	Cures chronic sinusitis, heavy nasal polyps, and head blocks.	48. மூக்குறட் டை
Red Barleria <i>Barleria prionitis</i>	Liquefies and expels deep-seated, dried pulmonary phlegm.	49. செம்முள் ளி
Country Mallow <i>Sida cordifolia</i>	Destroys stubborn fevers and alchemically stabilizes mercury.	50. சித்தாமுட் டி
Fragrant Swamp Mallow <i>Pavonia odorata</i>	Eradicates all classes and categories of acute fevers.	51. பேராமுட்டி
Cryptolepis Vine <i>Cryptolepis buchananii</i>	Instantly relieves agonizing muscular sprains, twists, and tears.	52. பாளை

English/Scientific Name	Properties	Tamil Name
Oxystelma Climber <i>Oxystelma esculentum</i>	Pithari: Eliminates severe bile imbalances and systemic acidity.	53. திருநாமப் பாலை
Tellicherry Bark / Conessi <i>Holarrhena pubescens</i>	Cures acute amoebic dysentery and severe bloody diarrhea.	54. குடசப்பா லை
Ivory Wood / Sweet Indrajao <i>Wrightia tinctoria</i>	Used to process iron, zinc, and mercury into alchemical red oxides.	55. வெட்பா லை
Ceylon Ironwood fruit tree <i>Manilkara hexandra</i>	Pithari: Calms fiery liver heat, hot flushes, and bile excess.	56. பழப்பாலை
Dodder Plant <i>Cuscuta reflexa</i>	Used in specialized black lead alchemical purification (<i>Kareeam</i>).	57. முதியார் கூந்தல்

English/Scientific Name	Properties	Tamil Name
White Castor Plant <i>Ricinus communis (white)</i>	Relieves agonizing sciatic nerve pain, arthritis, and lumbago.	58. வெள்ளை யாமணக்கு
Red Castor Plant <i>Ricinus communis (red)</i>	Used to lock, stabilize, and solidify volatile mercury formulations.	59. செவ்வாம ணக்கு
Pomegranate <i>Punica granatum</i>	Purifies blood; breaks down and processes medicinal iron.	60. மாதளை
Citron Fruit <i>Citrus medica</i>	Stops violent continuous vomiting, travel nausea, and morning sickness.	61. கொம்மட்டி மாதளை
Wood Apple <i>Limonia acidissima</i>	Relieves severe morning dizziness, bilious giddiness, and vomiting.	62. விளா
Dwarf Wood Apple variant <i>Limonia sp. (dwarf)</i>	Instantly quenches unquenchable, burning metabolic thirst.	63. குட்டிவிளா

English/Scientific Name	Properties	Tamil Name
Unrefined Country Sugar <i>Saccharum officinarum</i>	Resolves sudden dehydration, fainting spells, and severe dizziness.	64. சர்க்கரை
Cultivated Sugarcane <i>Saccharum officinarum</i>	Flushes out and physically dissolves kidney stones and bladder sand.	65. கரும்பு
White Sugarcane variant <i>Saccharum sp. (variant)</i>	Cures severe tissue wasting, chronic emaciation, and consumption.	66. வெண்கரு ம்பு
Ashwagandha / Indian Ginseng <i>Withania somnifera</i>	Rebuilds lean mass, expels deep gas, and processes tin/lead.	67. அழுக்கிறா
Water Hyssop / Brahmi <i>Bacopa monnieri</i>	Reduces generalized swelling, acts as a laxative, calms Vatha nerves.	68. பிரமி

English/Scientific Name	Properties	Tamil Name
Climbing Nettle <i>Tragia cannabina</i>	Breaks down and destroys stubborn, hardened respiratory phlegm.	69. பூனைக்காஞ்சொறி
Velvet Bean Seed <i>Mucuna pruriens</i>	Highly increases reproductive stamina, solidifies and retains semen.	70. பூனைக்காலிப் பருப்பு
Small Velvet Bean variant <i>Mucuna sp. (variant)</i>	Potent natural diuretic; flushes out deep fluid accumulations.	71. சிறுபூனைக்காலி
Orchid Tree / Camel's Foot <i>Bauhinia variegata</i>	Alchemical processing medium for isolating and purifying arsenic.	72. மந்தாரை
White Crane Orchid <i>Habenaria crinifera</i>	Formulated to safely bind and stabilize volatile alchemical cinnabar.	73. கொக்கிறகு
Sage-leaved Alangium <i>Alangium salvifolium</i>	Neutralizes lethal internal and external organic poisons and venoms.	74. அழிஞ்சில்

English/Scientific Name	Properties	Tamil Name
Alinjil Seed/Root Oil <i>Alangium salvifolium oil</i>	Deep systemic colon purge; chemically binds alchemical mercury.	75. மேற்படி மூல தைலம்
Bitter Gourd <i>Momordica charantia</i>	Eradicates the toxic side effects and chemical residuals of arsenic.	76. பாகல்
Fire Flame Bush <i>Woodfordia fruticosa</i>	Cures severe chronic irritable bowel syndrome (IBS) and dysentery.	77. காட்டத்தி
Chir Pine / Long-leaved Pine <i>Pinus roxburghii</i>	Used in the high-heat alchemical calcination of pure gold.	78. சரளம்
Thorny Amaranth variant <i>Amaranthus sp.</i>	Achieves deep alchemical stabilization of elements to form gold calx.	79. முள்முள் ளிக்கீரை
Bristly Bryony <i>Mukia maderaspatana</i>	Cures respiratory wasting (TB) and processes medicinal coral calx.	80. முசுமுசுக் கை

English/Scientific Name	Properties	Tamil Name
Alexandrian Laurel <i>Calophyllum inophyllum</i>	Cures toxic venereal sores, syphilitic nodules, and open ulcers.	81. புன்னை
Stonebreaker <i>Phyllanthus niruri</i>	Reverses acute jaundice, tones liver cells, and clears excess bile.	82. கீழாநெல்லி
Black Horse Gram <i>Macrotyloma uniflorum</i>	Used in advanced alchemical metallurgical melting and transformation.	83. கருங்கொள்
East Indian Arrowroot Powder <i>Maranta arundinacea</i>	Expels severe systemic visceral heat, cooling all inner organs.	84. கூகைநீறு
Clearing Nut Tree <i>Strychnos potatorum</i>	Cleanses toxic bodily fluid secretions and purifies turbid water.	85. தேற்று
Sickle Senna <i>Senna tora</i>	Cures persistent childhood indigestion, liver torpor, and colic.	86. தகரை

English/Scientific Name	Properties	Tamil Name
Thorn Apple / Datura <i>Datura metel</i>	Used to chemically freeze and solidify mercurial oils/butters.	87. ஊமத்தை
Glory Lily / Flame Lily <i>Gloriosa superba</i>	Relieves locked joints, severe structural stiffness, and inflammation.	88. சேவகனார் கிழங்கு
Bhringraj / False Daisy <i>Eclipta prostrata</i>	Treats anemia, tissue wasting, and grants magnetic skin radiance.	89. கரிசாலை
Golden Bhringraj <i>Sphagneticola calendulacea</i>	Kaya Siddhi: Long-term cell renewal, scales up mineral alchemy.	90. பொற்றை லை
Crown Flower / Calotropis <i>Calotropis gigantea</i>	Eliminates malignant delirium, cleanses putrid discharging wounds.	91. எருக்கு
White Calotropis variant <i>Calotropis procera (white)</i>	Structurally fixes volatile mercury/arsenic ores into stable solids.	92. வெள்ளெரு க்கு

English/Scientific Name	Properties	Tamil Name
Black Nightshade <i>Solanum nigrum</i>	Heals painful mouth/stomach ulcers, extinguishes internal fire.	93. மணத்தக் காளி
Purple Nightshade variant <i>Solanum sp. (dark)</i>	Alchemically binds and traps highly volatile elemental sulfur crystals.	94. கருந்தக்கா ளி
Rosary Pea <i>Abrus precatorius</i>	Chemically locks and fixes volatile mineral alkalis under heat.	95. குன்றி மணி
Giant White Radish <i>Raphanus sativus (large)</i>	Cures severe agonizing urinary retention and bladder blocks.	96. பெருமுள் ளங்கி
Small Red Radish <i>Raphanus sativus (small)</i>	Alchemically captures and binds volatile sulfur crystals into a mass.	97. சிறுமுள்ள ங்கி

English/Scientific Name	Properties	Tamil Name
Water Radish variant <i>Radicula indica</i>	Liquefies and expels dense chest fluids, phlegm, and congestion.	98. ஆற்றுமுள்ளங்கி
Wild Wall Radish <i>Raphanus sp. (wild)</i>	Used to prepare zinc calx; stabilizes common salt against heat.	99. சுவர் முள்ளங்கி
Moringa / Drumstick Tree <i>Moringa oleifera</i>	Heals deep ocular wounds, corneal ulcers, and clears cloudy vision.	100. முருங்கை

SECTION 2: HERBS 101 TO 200 (MORINGA, GARLIC, BANANA, AND TREE BARK SECRETS)

Common/Scientific Name	Properties	Tamil Name
Moringa Flower <i>Moringa oleifera flower</i>	Retains vital reproductive fluids; purifies raw copper metalloids.	101. மேற்படி பூ

Common/Scientific Name	Properties	Tamil Name
Moringa Root <i>Moringa oleifera root</i>	Powerful physical binding matrix used in advanced mineral cooking.	102. மேற்படி மூலம்
Moringa Tree Gum <i>Moringa oleifera gum</i>	Thickens seminal fluid, increases count, and retains essence.	103. மேற்படி பிசின்
Moringa Leaves <i>Moringa oleifera leaves</i>	Safely relieves stubborn chronic constipation and clears the colon.	104. மேற்படி பத்திரி
Moringa Leaf Midribs <i>Moringa oleifera midrib</i>	Expels trapped intestinal gas, severe colic, and nervous wind.	105. ஈர்க்கு
Moringa Root Bark <i>Moringa oleifera bark</i>	Used to calcine and reduce volatile tin into a medicinal calx.	106. மேற்படி வேர்ப்பட்டை

Common/Scientific Name	Properties	Tamil Name
Water Moringa variant <i>Moringa sp. (aquatic)</i>	Alchemically solidifies and locks volatile metallic zinc components.	107. புனல்முருங்கை
Holy Basil / Tulsi <i>Ocimum sanctum</i>	Dispels toxic childhood doshas, heavy viral fevers, and pathogenicity.	108. துளசி
Black Tulsi / Krishna Tulsi <i>Ocimum tenuiflorum</i>	Acts as a foundational catalyst for synthesizing metal red oxides.	109. கருந்துளசி
Saltmarsh Pepper variant <i>Salicornia brachiata</i>	Cures high typhoid fevers, dangerous low body heat, and delirium.	110. நீர்த்திப்பிலி

Common/Scientific Name	Properties	Tamil Name
Garlic <i>Allium sativum</i>	Eradicates severe Vatha body pain, cures hemorrhoids, builds power.	111. வெள்ளுள்ளி
Shallots / Aggregatum Onion <i>Allium cepa var.</i>	Cools systemic agitation, stops angry bile flares, regulates heat.	112. ஈருள்ளி
Five-leaved Chaste Tree <i>Vitex negundo</i>	Relieves agonizing bodily aches, localized neuralgias, and migraines.	113. நொச்சில்
Nochchi Root Oil <i>Vitex negundo root oil</i>	Structurally locks and solidifies volatile mercurial cinnabar.	114. மேற்படி மூல தைலம்
Nochchi Leaves <i>Vitex negundo leaves</i>	Powerful diuretic; expels deep fluid stagnation and bodily dropsy.	115. மேற்படி பத்திரி

Common/Scientific Name	Properties	Tamil Name
Black Nochchi variant <i>Vitex negundo var.</i>	Treats weeping infant eczema, skin scaling, and processes tin calx.	116. கருநொச்சி
Peyan Banana Cultivar <i>Musa acuminata "Peyan"</i>	Kaya Siddhi: Grants supreme physical immunity and body density.	117. பேயன் வாழை
Peyan Banana Corm <i>Musa acuminata corm</i>	Clears deeply lodged systemic heavy toxins and old metabolic waste.	118. மேற்படி கிழங்கு
Peyan Banana Blossom <i>Musa acuminata flower</i>	Active vehicle for processing metal red oxides; high vital tonic.	119. மேற்படி பூ
Peyan Banana Leaf <i>Musa acuminata leaf</i>	Used for enclosing and safely binding secondary mineral ores.	120. மேற்படி பத்திரி

Common/Scientific Name	Properties	Tamil Name
Peyan Banana Inner Stem <i>Musa acuminata stem</i>	Acts as a swift universal antidote for organic/mineral poisonings.	121. மேற்படி தண்டு
Peyan Banana Sap/Dew <i>Musa sap (dawn fluid)</i>	Used in precision physics-alchemical locking of unstable elements.	122. மேற்படி பனி
Salt from Peyan Banana <i>Musa acuminata plant salt</i>	Alchemically consolidates all volatile earthy minerals under fire.	123. மேற்படி லவணம்
Ripe Peyan Banana <i>Musa acuminata fruit</i>	Promotes perfect enzymatic digestion and cures spastic colon traits.	124. மேற்படி பழம்

Common/Scientific Name	Properties	Tamil Name
Unripe Peyan Banana <i>Musa acuminata raw pod</i>	Rectifies constitutional errors and deep dietary toxic tracks.	125. மேற்படி காய்
Banana Blossom (reproductive) <i>Musa acuminata flower</i>	Regulates and halts excessive male/female reproductive discharges.	126. மேற்படி பூ (விந்து)
Peyan Banana Root <i>Musa acuminata root</i>	Eradicates manic hysteria, severe mental illusions, and over-excitement.	127. மேற்படி மூலம்
General Banana Blossoms <i>Musa spp. blossoms</i>	Stops severe menorrhagia, excessive uterine flooding, and clots.	128. இதர வாழைப்பூ

Common/Scientific Name	Properties	Tamil Name
Banana Plant (General) <i>Musa spp.</i>	Treats chronic uterine hemorrhage and heavy menstrual bleeding.	129. வாழை
General Banana Corm <i>Musa spp. corm</i>	Relieves burning internal emaciation, lean wasting, and core heat.	130. வாழைக்கிழங்கு
Banana Plant Core Fluid <i>Musa core water juice</i>	Serves as a universal alchemical binder for all secondary minerals.	131. மூல சலம்
Coconut Tree <i>Cocos nucifera</i>	Cures severe dry physical wasting and cellular dehydration.	132. தென்னை

Common/Scientific Name	Properties	Tamil Name
Coconut Blossom <i>Cocos nucifera flower</i>	Curtails uterine bleeding, checks loose diarrhea, cools viscera.	133. மேற்படி பூ
Pure Coconut Essence / Oil <i>Cocos nucifera water/oil</i>	Kaya Siddhi: Systematic longevity and deep tissue lubrication.	134. மேற்படி கேரம்
Coconut Kernel Meat <i>Cocos nucifera nut meat</i>	Expels cognitive errors/brain toxins and enhances pure intellect.	135. மேற்படி பழம்
Palmyra Sprout <i>Borassus flabellifer</i>	Deep nutritive muscle rejuvenator; enhances lean anabolic mass.	136. பனைக்கிழங்கு

Common/Scientific Name	Properties	Tamil Name
Palmyra Palm Tree <i>Borassus flabellifer</i>	Provides massive physical structural strength and tissue density.	137. பனை
Palmyra Male Inflorescence <i>Borassus flabellifer flower</i>	Dissolves chronic thick respiratory phlegm and chest congestion.	138. மேற்படி பூ
Palmyra Tender Heart Shoot <i>Borassus flabellifer shoot</i>	Cures internal tissue tuberculosis, physical decay, and wasting.	139. மேற்படி குருத்து
Palmyra Root Sap Juice <i>Borassus flabellifer root sap</i>	Chemical vehicle used to process volatile mercury into stable calx.	140. மேற்படி மூலரசம்

Common/Scientific Name	Properties	Tamil Name
Palmyra Sprout Medium <i>Borassus sprout medium</i>	Used as an alchemical medium to form heat-resistant mineral calx.	141. கிழங்கு (பற்பி)
Black Musli <i>Curculigo orchioides</i>	Anabolic strength booster, cures consumption, fixes ear/throat ills.	142. நிலப்பனை
White Butterfly Pea <i>Clitoria ternatea (white)</i>	Potent brain detoxifier, clear purge, used to prepare gold calx.	143. வெள்ளைக்காக்கணான்
Balloon Vine <i>Cardiospermum halicacabum</i>	Eradicates chronic arthritis, stiff joints, and nerve Vatha blocks.	144. முடக்கொத்தான்

Common/Scientific Name	Properties	Tamil Name
Ironweed variant <i>Cyanthillium cinereum</i>	Relieves persistent skin itching, pruritus, and periodic fevers.	145. கசம்பை
Seaside Clerodendrum <i>Clerodendrum inerme</i>	Cures stubborn skin leprosy, weeping dermatosis, and severe eczema.	146. சங்கங்குப்பி
Carandas variant <i>Carissa sp.</i>	Cleanses and actively heals putrid, non-healing necrotic wounds.	147. பொரும்பில்
Dark Bermuda Grass variant <i>Cynodon dactylon (dark)</i>	Halts dry chronic hacking cough and pulmonary tissue bleeding.	148. கறுப்பறுகு

Common/Scientific Name	Properties	Tamil Name
White Headed Enicostemma <i>Enicostemma axillare</i>	Clears metabolic diabetes, purifies blood, and stops low fevers.	149. வெள்ளறுகு
Coral-red Bermuda Grass var <i>Cynodon sp. (red var)</i>	Relieves severe bronchial asthma and acute spasmodic wheezing.	150. பவளவறுகு
Indian Sorrel <i>Oxalis corniculata</i>	Kaya Siddhi: Calms bile, processes salt/mica into red oxides.	151. புளியாரை
Sacred Lotus <i>Nelumbo nucifera</i>	Deeply cools the ocular system, clears redness, and calms mind.	152. தாமரை
Cross-cut Lotus Stem Rings <i>Nelumbo nucifera stem</i>	Strong internal organic antidote for blood-borne chemical poisons.	153. தாமரை வளையம்

Common/Scientific Name	Properties	Tamil Name
Lotus Seeds <i>Nelumbo nucifera seeds</i>	Bestows psychological calming, focus, and magnetic presence.	154. தாமரை மணி
Lotus Stamens <i>Nelumbo nucifera stamens</i>	Cures severe metabolic diabetes, nocturnal slips, and core heat.	155. மேற்படி தாது
Lotus Rhizome Root <i>Nelumbo nucifera rhizome</i>	Enhances virility, builds reproductive strength, binds mercury.	156. மேற்படி கிழங்கு
Red Water Lily <i>Nymphaea rubra</i>	Harmonizes all three deranged Doshas; increases attraction power.	157. செங்கழுநீர்

Common/Scientific Name	Properties	Tamil Name
Hairy Water Lily <i>Nymphaea pubescens</i>	Breaks down and expels thick respiratory throat mucus blocks.	158. அரக்காம்பல்
Rock Lotus Agave cultivar <i>Ionidium suffruticosum</i> var.	Used to convert baseline metals into copper in alchemical recipes.	159. கற்றாமரை
White Lotus <i>Nelumbo nucifera</i> (white)	Chemically traps, holds, and solidifies volatile alchemical mercury.	160. வெண்டாமரை
Lithophytic cooling herb <i>Microcostus</i> sp. / variant	Alchemically fixes table salt, rendering it completely heat-stable.	161. குளிரி

Common/Scientific Name	Properties	Tamil Name
Arabian Jasmine <i>Jasminum sambac</i>	Degreases solutions; breaks down heavy mineral/vegetable oils.	162. மல்லிகை
Wild Climbing Jasmine <i>Jasminum multiflorum</i>	Used to process and calcine silver into premium calx (<i>Thara Parpi</i>).	163. கொடிமல்லிகை
Jasmine cultivar <i>Jasminum sp.</i>	Enhances facial luster, skin clarity, and physical aesthetics.	164. ஆத்திமல்லிகை
Jasmine variety <i>Jasminum auriculatum</i>	Eliminates deep tissue inflammation, systemic dropsy, and edema.	165. முல்லை
Jasmine variant <i>Jasminum sp. (variant)</i>	Completely balances all three severely deranged humors at once.	166. முல்லைப்பேதம்

Common/Scientific Name	Properties	Tamil Name
Crape Jasmine / Pinwheel <i>Tabernaemontana divaricata</i>	Celebrated remedy for cataracts, burning vision, and eye cooling.	167. நந்தியாவட்டம்
Tuscan Jasmine <i>Jasminum sambac var.</i>	Stops internal bleeding caused by excess blood heat and biliousness.	168. இருவாட்சி
Champaca <i>Magnolia champaca</i>	Dissolves facial warts, deep acne, pimples, and skin blemishes.	169. செண்பகம்
Dwarf Champaca variety <i>Magnolia sp. (small)</i>	Instantly neutralizes excessive liver heat, bile flares, and vertigo.	170. சிறு செண்பகம்

Common/Scientific Name	Properties	Tamil Name
Chrysanthemum <i>Chrysanthemum indicum</i>	Soothes severe mental agitation, mania, and calms brain cells.	171. செவ்வந்தி
Saffron Chrysanthemum var <i>Chrysanthemum sp.</i>	Liquefies and clears sticky respiratory throat mucus plugs.	172. குங்குமவந்தி
Lemon <i>Citrus limon</i>	Universally destroys toxic bile, cuts nausea, purifies blood stream.	173. எலுமிச்சை
Dwarf Date Palm variant <i>Phoenix sp. (dwarf)</i>	Cures chronic headaches and deep-seated cranial neuralgias.	174. சித்தீஞ்சில்
Wild Date Palm <i>Phoenix sylvestris</i>	Expels deep stubborn periodic, malarial, and intermittent fevers.	175. பேரீஞ்சில்

Common/Scientific Name	Properties	Tamil Name
Cashew Apple Fruit <i>Anacardium occidentale</i>	Clears baseline constitutional impurities and tissue weakness.	176. முந்திரிப்பழம்
Sour Grape variety <i>Vitis vinifera (sour var)</i>	Harmonizes all three bodily humors out of critical breakdown.	177. புளிமுந்திரி
Jujube / Indian Plum <i>Ziziphus mauritiana</i>	Relieves twisting abdominal pain, acute tenesmus, and dysentery.	178. இலந்தை
Mahua Tree <i>Madhuca longifolia</i>	Deeply cleanses, disinfects, and heals fistulas and chronic ulcers.	179. இலுப்பை
Mountain Mahua variant <i>Madhuca indica (wild)</i>	Eradicates severe neuralgic Vatha pain, sciatica, and limb numbness.	180. மலையிலுப்பை

Common/Scientific Name	Properties	Tamil Name
Flame of the Forest <i>Butea monosperma</i>	Powerful intestinal binding astringent; stops chronic loose diarrhea.	181. ப்லாகு
Thorny Butea variant <i>Butea sp. (thorny)</i>	Used to process and calcine arsenic trisulfide into white powder.	182. முட்பலாகு
Banyan Tree Parts <i>Ficus benghalensis</i>	Clears out harmful intestinal parasites, worms, and pathogens.	183. ஆலுக்கு
Sacred Fig / Peepal Tree <i>Ficus religiosa</i>	Vastly scales up cognitive intelligence, memory, and focus.	184. அரசுக்கு

Common/Scientific Name	Properties	Tamil Name
White Fig variant <i>Ficus virens</i>	Cures scaly skin diseases, ringworm, and early skin leprosy.	185. இச்சில்
Jamun / Java Plum <i>Syzygium cumini</i>	Fast-tracks wound healing; processes alchemical tin calx.	186. நாவல்
Cluster Fig Tree <i>Ficus racemosa</i>	Halts severe uterine flooding and drops excess visceral heat.	187. அத்தி
Wild Hairy Fig <i>Ficus hispida</i>	Used as a highly binding structural alchemical lock medium.	188. பேயத்தி
Portia Tree / Pacific Rosewood <i>Thespesia populnea</i>	Cures all classes of blood-borne toxicities and skin leprosy.	189. பூவரசு

Common/Scientific Name	Properties	Tamil Name
Oleander <i>Nerium oleander</i>	Stops persistent muscular tremors, shivering, and nervous shakes.	190. அலரி
Indian Mesquite <i>Prosopis cineraria</i>	Transmutes iron into copper properties; converts salt to red oxide.	191. வன்னி
Water Kadamba variant <i>Mitragyna parvifolia</i>	Achieves advanced alchemical locking and processing of zinc.	192. நீர்க்கடம்பு
Kadamba Tree <i>Neolamarckia cadamba</i>	Safely solidifies and locks deadly volatile mineral arsenic.	193. கடம்பு

Common/Scientific Name	Properties	Tamil Name
White Kadamba variant <i>Neolamarckia sp.</i> (white)	Accomplishes the supreme structural alchemical binding of mercury.	194. வெண் கடம்பு
Siris Tree / Frywood <i>Albizia lebbbeck</i>	Induces rapid closure, tissue fusion, and healing of open wounds.	195. வாகை
Black Siris <i>Albizia odoratissima</i>	Chemically binds, locks, and fixes volatile elemental sulfur.	196. கருவாகை
Malabar Kino Tree <i>Pterocarpus marsupium</i>	Instantly neutralizes pains from toxic insect and animal bites.	197. வேங்கை

Common/Scientific Name	Properties	Tamil Name
Wodier Tree <i>Lannea coromandelica</i>	Clears out undergrowth skin blemishes, external cysts, and tags.	198. ஒட்டை
Red Silk Cotton Tree <i>Bombax ceiba</i>	Effectively controls and cures acute watery diarrhea and dysentery.	199. இலவு
Silk Cotton Tree Gum <i>Bombax ceiba gum</i>	Strongly thickens and solidifies reproductive fluids/semen.	200. இலவம் பிசின்

SECTION 3: HERBS 201 TO 300 (METALS, ALCHEMICAL MINERALS, AND RESINS)

Common/Scientific Name	Properties	Tamil Name
Mango Tree <i>Mangifera indica</i>	Instantly arrests violent vomiting, gastric reflux, and hyperacidity.	201. மாமரம்
Sessile Joyweed <i>Alternanthera sessilis</i>	Restores brilliant eyesight, grants body glow, cools core heat.	202. பொன்னாங்க ண்ணி
Three-leaved Caper <i>Crateva magna</i>	Dispels toxic high-fever delirium and central nervous shock.	203. மாவிலிங்கை
Lodhra Tree <i>Symplocos racemosa</i>	Highly beneficial for soothing chronic inflammatory eye disorders.	204. லோத்திரம்
White Lodhra variant <i>Symplocos sp. (white)</i>	Fundamental alchemical catalyst for processing copper sulfate.	205. வெள்ளிலோ த்திரம்

Common/Scientific Name	Properties	Tamil Name
Willow variant <i>Salix tetrasperma</i> var.	Provides structural strength to the lumbar spinal tract and hips.	206. வஞ்சிக்கு
River Arjuna Tree <i>Terminalia arjuna</i> var.	Dissolves and flushes away unwanted thick metabolic wax/fat layers.	207. ஆற்று மருது
Terminalia variant (Cow-ear) <i>Terminalia</i> sp. (var A)	Used to convert white tin sheets into an advanced pure calx base.	208. மாட்டுச் செவி மருது
Terminalia variant (Horse-ear) <i>Terminalia</i> sp. (var B)	Used to process and calcine black tin into medicinal calx.	209. குதிரைச் செவி மருது
Wild Yam variant <i>Dioscorea</i> sp.	Expels stubborn abdominal bloating, severe gas, and gut colic.	210. இமிற் கிழங்கு
Milky Alchemical Spurge <i>Euphorbia</i> sp. (milky)	Used to structurally bind and solidify volatile arsenic minerals.	211. பாலிறில்

Common/Scientific Name	Properties	Tamil Name
Indian Turnsole <i>Heliotropium indicum</i>	Clears stubborn, weeping skin scabies, rashes, and ringworm.	212. தேட்கடை
Ash-colored Fleabane <i>Vernonia cinerea</i> var.	Cures cold intermittent ague fevers and treats peptic ulcers.	213. நெய்ச்சிட்டி
Wild Legume variant (Small) <i>Fabaceae</i> sp. (small)	Binds and safely holds urinary leaks in severe bladder incontinence.	214. சிறுவிடுகொள்ளு
Wild Legume variant (Large) <i>Fabaceae</i> sp. (large)	Eradicates toxic mineral residues and impurities from remedies.	215. பெருவிடுகொள்ளு
Asparagus Root <i>Asparagus racemosus</i>	Used alchemically to convert raw cinnabar into copper assets.	216. தண்ணீர் மிட்டான்
Fritillaria Herb <i>Fritillaria roylei</i>	Flushes out urinary tract obstructions, internal pus, and stones.	217. காகோளி

Common/Scientific Name	Properties	Tamil Name
White Lily variety <i>Lilium polyphyllum</i>	Bestows deep physical stamina, strength, and structural resilience.	218. சீகக்ஷகாகோ ளி
Microstylis Orchid variety <i>Malaxis acuminata</i>	Chemically locks rock salt, making it fully heat-stable.	219. சீவகம்
Malaxis Orchid variety <i>Malaxis muscifera</i>	Used to alchemically bind and solidify volatile yellow arsenic.	220. மயிடவகம்
Large Wild Jasmine variant <i>Jasminum sp. (large)</i>	Eradicates deep-seated systemic periodic and ague fevers.	221. பேராமல்லி
Small Wild Jasmine variant <i>Jasminum sp. (small)</i>	Clears stubborn white leucorrhea and systemic mucous leaks.	222. சித்தாமல்லி
Desmodium Herb <i>Desmodium gangeticum</i>	Cures chronic childhood wasting disorders and primary complexes.	223. சிறுபுள்ளடி

Common/Scientific Name	Properties	Tamil Name
Licorice Root <i>Glycyrrhiza glabra</i>	Cures chronic urinary tract heat, gonorrheal burning, and leaks.	224. அஷ்டிமதுகம்
Sarsaparilla variety <i>Hemidesmus sp. (variant)</i>	Used to achieve perfect alchemical binding of volatile mercury.	225. பேர்சாரிபாதி
Wild Himalayan Cherry <i>Prunus cerasoides</i>	Used to prepare specialized skin oils and cell-fusing pastes.	226. பதுமுகம்
Wild Senna variant <i>Cassia sp. (variant)</i>	Extracted to isolate pure mica essence for alchemical heating.	227. பிரபுணரிகம்
Solomon's Seal variety <i>Polygonatum verticillatum</i>	Dispels severe nervous breakdowns and constitutional collapses.	228. மேதை

Common/Scientific Name	Properties	Tamil Name
Whorled Solomon's Seal <i>Polygonatum cirrhifolium</i>	Conquers highly dangerous, toxic, malignant infectious fevers.	229. மாமேதை
Teak Tree Leaf/Bark <i>Tectona grandis</i>	Extracted paste cures stubborn skin scabies and chronic ringworm.	230. தேக்கு
Sappan Wood / Tiger Claw <i>Caesalpinia sappan var.</i>	Relieves generalized continuous skin itching and allergic rashes.	231. ஞாழல்
Giant Potato Rejuvenator <i>Ipomoea mauritiana</i>	Alchemically synthesizes a medicinal alloy of iron and tin.	232. பால்விழி
Attaladi variety <i>Ruellia sp. / variant</i>	Formulated specifically to resolve internal organ hernias.	233. பெருங்குறும்பை

Common/Scientific Name	Properties	Tamil Name
Alchemical Herb variety <i>Siddha plant variant A</i>	Used to create a highly refined alchemical egg-yolk wax paste.	234. குறுஞ்சுலி
Fragrant Moringa variant <i>Moringa sp. (fragrant)</i>	Used to bind and lock volatile mercury along with liquid zinc.	235. நறுமுருங்கை
Large Kurinji Bush <i>Strobilanthes sp. (large)</i>	Instantly relieves severe agonizing neuralgic and pelvic cramps.	236. பெருங்குறிஞ்சி
Indian Elm Tree <i>Holoptelea integrifolia</i>	Completely eradicates stubborn, chronic Vatha rheumatic ills.	237. ஆயில்
Indian Beech Tree <i>Millettia pinnata</i>	Cures agonizing neuralgic pains and deep stabbing bone pain.	238. புங்கு
Pungu Milky Sap / Oil <i>Millettia pinnata sap</i>	Instantly cleanses, disinfects, and closes deep putrid wounds.	239. மேற்படிபால்

Common/Scientific Name	Properties	Tamil Name
East Indian Screw Tree <i>Helicteres isora</i>	Treats complex childhood systemic metabolic errors and defects.	240. வலம்புரி
Emetic Nut Tree <i>Catunaregam spinosa</i>	Processed into specialized medicated nasal drops (<i>Nasya</i> oils).	241. மருக்காரை
Alchemical Herb variety <i>Siddha plant variant B</i>	Alchemically solidifies volatile corrosive mercuric chloride.	242. பாற்பை
Irul Tree / Ironwood <i>Xylia xylocarpa</i>	Dissolves and breaks down hard abdominal tumors and cysts.	243. இருள்
Milky Irul Tree variant <i>Xylia sp. (milky)</i>	Used to achieve absolute structural alchemical binding of mercury.	244. பாலிருள்
Alchemical extraction herb <i>Siddha plant variant C</i>	Extracted juice used to draw the pure magnetic essence out of lodestone.	245. இருள் வீடு

Common/Scientific Name	Properties	Tamil Name
Carandas Aerial Roots <i>Carissa carandas roots</i>	Binds and solidifies volatile potassium nitrate (<i>Vedi Uppu</i>).	246. களாவிழுது
Sal Tree Resin <i>Shorea robusta</i>	Chemically solidifies volatile organic camphor into a stable mass.	247. மராமரம்
Areca Palm Nut/Bark <i>Areca catechu</i>	Strongly tightens loose bleeding gums and fixes shaky teeth.	248. குமுகு
Dusky Clerodendrum <i>Clerodendrum phlomidis</i>	Elite remedy for expelling deep Vatha, joint pain, and numbness.	249. தழுதாழை
Alchemical Tree variant <i>Siddha plant variant D</i>	Relieves agonizing painful dysuria; clears severe muscle sprains.	250. தெற்கை
Toothbrush Bush <i>Capparis zeylanica</i>	Cures chronic sinusitis, clearing deep stagnant fluid from head.	251. ஆதண்டை

Common/Scientific Name	Properties	Tamil Name
Tubular Capparis variant <i>Capparis sp. (tubular)</i>	Universal alchemical binder for all known metals and minerals.	252. குழலாதண் டை
Red Capparis variant <i>Capparis sp. (red)</i>	Alchemically unites and alloys volatile mercury with tin assets.	253. செவ்வாதண் டை
Reed Grass <i>Saccharum arundinaceum</i>	Dissolves and destroys hyperplastic, necrotic, or sloughing flesh.	254. நாணல்
Sandalwood variant tree <i>Anogeissus latifolia var.</i>	Alchemically processes and fixes chemical salts against fire.	255. திமிசு
Patala Tree leaves <i>Stereospermum chelonoides</i>	Used to prepare magnetic tonics that enhance interpersonal charm.	256. பூசபத்திரி
Sickle Bush <i>Dichrostachys cinerea</i>	Used as a catalyst medium to manufacture a premium mercury calx.	257. விடத்தேற்கு

Common/Scientific Name	Properties	Tamil Name
Sola Pith Plant <i>Aeschynomene aspera</i>	Binds and controls excessive watery secretions and fluid leaks.	258. நெட்டி
Reed Grass Pair formulation <i>Poaceae joint formula</i>	Used to process zinc sand into a potent alchemical red oxide.	259. நளந்துவயம்
Giant Wild Banana variant <i>Musa sp. (wild large)</i>	Processes lead into an advanced medicinal alchemical red oxide.	260. பெருவாழை
Pergularia Creeper <i>Pergularia daemia</i>	Cures infant colic; converts coral/iron into medicinal oxides.	261. உத்தாமணி
Pavonia variant <i>Pavonia sp. (variant)</i>	Safely solidifies chemical salts, preventing high-heat volatilization.	262. பிராமுட்டி
Kurinji Bush <i>Strobilanthes kunthiana</i>	Extracts the core metallic essence out of peacock feathers.	263. குறிஞ்சி

Common/Scientific Name	Properties	Tamil Name
Acidic Alchemical Vine <i>Siddha plant variant E</i>	Possesses an acidic juice capable of dissolving hard iron scrap.	264. தந்தசகுரி
Red Puncture Vine / Indigofera <i>Indigofera linnaei</i>	Relieves acute internal heat and burning track sensations in urine.	265. செப்பு நெருஞ்சில்
Alchemical Stone softener <i>Siddha plant variant F</i>	Turns hard metamorphic rocks/stones into a soft, workable wax.	266. கணம்பு
Rock-splitting Rejuvenator <i>Alchemical lithophyte</i>	Kaya Siddhi: Grants profound physical immortality and youth.	267. கல்பு கு வெள்ளி
Alchemical Salt fixer <i>Siddha plant variant G</i>	Solidifies and fixes volatile rock salt crystals against high flame.	268. முளிகாக்கு
Ashoka Tree Bark <i>Saraca asoca</i>	Cures severe peptic stomach ulcers, internal bleeding, and heat.	269. அசோகுக்கு

Common/Scientific Name	Properties	Tamil Name
Cubeb variant / Mint variety <i>Piper cubeba var.</i>	Neutralizes heavy toxicities from venomous stings and bites.	270. வாலுக்கம்
Nut Grass Nutlet variety <i>Cyperus sp. (variant)</i>	Expels dangerous malignant fevers linked to constitutional errors.	271. முத்தக்காசு
Alchemical Herb variety <i>Siddha plant variant H</i>	Instantly relieves agonizing neuralgic pain in the hands and legs.	272. அதிங்கு
White Naganaththi <i>Gratiola sp. / variant</i>	Serves as a highly potent systemic colon-cleansing purgative.	273. வெள்ள நாகணத்தி
Purging Croton Seed <i>Croton tiglium</i>	Extreme purgative; destroys major deep-seated internal toxins.	274. நேர்வாளம்
Wild Trichosanthes variant <i>Trichosanthes sp. (wild)</i>	Liquefies stubborn chronic phlegm and clears severe sinusitis.	275. குறட்டை

Common/Scientific Name	Properties	Tamil Name
Hoary Basil / American Basil <i>Ocimum americanum</i>	Expels deep systemic ague, chills, and shivering cold fevers.	276. கஞ்சாங்கோரை
Sweet Marjoram <i>Origanum majorana</i>	Instantly quenches burning metabolic thirst and internal dry heat.	277. மருவகம்
Desert Date Tree <i>Balanites aegyptiaca</i>	Structurally solidifies and condenses alchemical mercurial ores.	278. இங்குணம்
Wild Shrub Basil <i>Ocimum sp. (wild)</i>	Relieves acute bronchial asthma, gasping, and breathlessness.	279. இடுகாட்டுத் துளசி
Long Pepper <i>Piper longum</i>	Greatly scales up sperm count, physical stamina, and vital essence.	280. திப்பிலி
Alchemical Antidote herb <i>Siddha plant variant I</i>	Swift field antidote for lethal snakebites and venomous scratches.	281. சாசி

Common/Scientific Name	Properties	Tamil Name
Pimpernel variant <i>Anagallis arvensis var.</i>	Eradicates stubborn weeping skin dry rashes, scabies, and allergies.	282. அனிச்சை
Screw Pine <i>Pandanus odoratissimus</i>	Used to chemically wash, wash out impurities, and purify mercury.	283. தாழை
Indian Acalypha <i>Acalypha indica</i>	Alchemically fixes common table salt, preventing its degradation.	284. குப்பை மேனி
Coldenia Shrub <i>Coldenia procumbens</i>	Clears stubborn respiratory phlegm; cures metabolic diabetes.	285. செருப்படி
Worm Killer / Bracteated Birthwort <i>Aristolochia bracteolata</i>	Achieves alchemical zinc locking; kills all harmful gut worms.	286. ஆடுதின்னாப் பாளை
Betel Leaf <i>Piper betle</i>	Converts zinc to white calx, acts as a digestive, purifies mercury.	287. வெற்றிலை

Common/Scientific Name	Properties	Tamil Name
Corallocarpus Root <i>Corallocarpus epigaeus</i>	Achieves complex alchemical mercury binding via egg-white links.	288. ஆகாசகருடன்
Alchemical Iron dissolver <i>Siddha plant variant J</i>	Dissolves hard iron and fixes corrosive mercuric sublimate crystals.	289. ரத்தமண்டலி
Physic Nut / Wild Castor <i>Jatropha curcas</i>	Used to process complex iron alloys into alchemical tin bases.	290. காட்டாமணக்கு
Henna Leaves <i>Lawsonia inermis</i>	Converts iron into a soft copper state; solidifies volatile sulfur.	291. மருதணி
Cannabis / Indian Hemp <i>Cannabis sativa</i>	Induces deep meditative states and acts as a profound pain blocker.	292. கஞ்சா
Country Senna <i>Senna italica</i>	Flushes out all toxic intestinal worms and colon parasites safely.	293. நிலவாகை

Common/Scientific Name	Properties	Tamil Name
Broom Creeper <i>Cocculus hirsutus</i>	Solidifies salt; turns volatile mercury into a thick white mass.	294. கட்டுக்கொடி
Adamant Creeper / Veldt Grape <i>Cissus quadrangularis</i>	Reduces stones to ash; binds volatile mercurial butter under heat.	295. பிரண்டை
Gotu Kola <i>Centella asiatica</i>	Heavily enriches brain cells, memory, and tones down over-lust.	296. வல்லாரை
Peacock Fern <i>Actiniopteris radiata</i>	Achieves advanced structural alchemical immobilization of zinc.	297. மயூரசிகை
Alchemical Copper binder <i>Siddha plant variant K</i>	Used to create a powerful chemical bond with volatile mercury.	298. தாம்பரசிகை
Coastal Wild Mango <i>Mangifera sp. (coastal)</i>	Reduces hard brass alloy into a medicinal ash/calx powder.	299. கானல்மா

Common/Scientific Name	Properties	Tamil Name
Blinding Tree / Milky Mangrove <i>Excoecaria agallocha</i>	Safely neutralizes and terminates raw toxicity of mineral arsenic.	300. தில்லை

SECTION 4: HERBS 301 TO 400 (ALCHEMICAL TINCTURES, PALMS, AND EXOTIC MINERALS)

Common/Scientific Name	Properties	Tamil Name
Montane Wild Mango <i>Mangifera sp. (montane)</i>	Calcines and ash-reduces complex bell-metal alloy vessels safely.	301. மலைமா
Tooth-wax Alchemical Herb <i>Siddha plant variant L</i>	Turns hard minerals into a malleable paste as soft as horse-tooth wax.	302. கப்பட்டி
Sour Amaranth Shrub <i>Amaranthus sp. (sour)</i>	Binds volatile mercury and creates premium copper red oxides.	303. புளிச்ச சிறுக்கீரை

Common/Scientific Name	Properties	Tamil Name
Water Oleander variant <i>Nerium sp. (aquatic)</i>	Transmutes crude iron plates into a fine copper-like texture.	304. நீரரளி
Red Oleander <i>Nerium oleander (red)</i>	Advanced alchemical agent used to upgrade copper matrices into gold.	305. செவ்வறளி
Calx Hogweed variant <i>Boerhavia sp. (variant)</i>	Used to create lead calx; completely cures stubborn Vatha nerve pain.	306. சத்திச் சாரணை
Leucas / Common Lucas <i>Leucas aspera</i>	Conquers periodic fevers, neutralizes scorpion stings, cures migraine.	307. தும்பை
Wild Leucas <i>Leucas martinicensis</i>	Eradicates deep childhood constitutional toxins and persistent doshas.	308. பேய்த்தும்பை

Common/Scientific Name	Properties	Tamil Name
Wild Pulse variant <i>Macrotyloma sp. (wild)</i>	Universal alchemical agent used to extract core essence out of metals.	309. பேய்க்கொள் ளு
Wild Chickpea variant <i>Cicer sp. (wild variant)</i>	Extracted to prepare a highly active alchemical sulfur oil.	310. பேய்க்கடலை
Wild Pigeon Pea variant <i>Cajanus sp. (wild variant)</i>	Extracted to formulate a potent arsenic-dissolving medical oil.	311. பேய்த்துவரை
Weeping Alchemical Shrub <i>Indoneesiella echiodides</i>	Highly prized for achieving absolute alchemical binding of mercury.	312. அழுகண்ணி
Telegraph Plant / Semaphore <i>Desmodium motorium</i>	Possesses properties that cause cleanly severed flesh parts to fuse.	313. தொழுகண்ணி

Common/Scientific Name	Properties	Tamil Name
Oak Leaf Fern <i>Drynaria quercifolia</i>	Alchemically solidifies and binds volatile corrosive mercury chloride.	314. முடவாட்டுக் கால்
Alchemical Zinc lock herb <i>Siddha plant variant M</i>	Used to structurally immobilize, bind, and fix volatile metallic zinc.	315. நாகசிங்கி
Heavy Binding Paste herb <i>Siddha plant variant N</i>	Creates a thick, heavy alchemical binding paste for element fixing.	316. இருப்பவல்
Yellow Datura variant <i>Datura metel (yellow)</i>	Accomplishes deep chemical stabilization and binding of mercury.	317. பொன்மத்தை
Black Datura variant <i>Datura metel (dark)</i>	Chemically binds, traps, and immobilizes volatile elemental sulfur.	318. கருமத்தை

Common/Scientific Name	Properties	Tamil Name
Catalytic Red Spurge <i>Flueggea leucopyrus var.</i>	Serves as a primary catalytic master-agent for red oxide recipes.	319. நச்சுப் பூலா
Four-faced Grass variant <i>Poaceae sp. (variant)</i>	Used to safely process and reduce metallic lead into medicinal calx.	320. நான் முகப்புல்
Citronella / Ginger Grass <i>Cymbopogon sp.</i>	Relieves chronic childhood indigestion, stomach blocks, and colic.	321. காவட்டம்புல்
Sunai Alchemical Sap Tree <i>Siddha tree variant A</i>	Extracted sap accomplishes powerful alchemical mercury binding.	322. சுனைமரம்
Seaside Morning Glory var <i>Ipomoea pes-caprae var.</i>	Kaya Siddhi: Absolute longevity, youth, and cell rejuvenation.	323. எருமைக்கனைச்சான்

Common/Scientific Name	Properties	Tamil Name
Master Alchemical Tree <i>Siddha tree variant B</i>	Legendary medium used to achieve all high-end spiritual siddhis.	324. ரோமவிருட்சி
Golden Transmutation Vine <i>Siddha plant variant O</i>	Transmutes purified copper elements into high-grade gold matrices.	325. செந்தாடுபா வை
Alchemical Siddhi herb <i>Siddha plant variant P</i>	Confers advanced alchemical manipulation capabilities (<i>Siddhi</i>).	326. முண்டிளி
Transmutation Timber tree <i>Siddha tree variant C</i>	Possesses master properties for executing advanced metal transmutations.	327. சாயாமரம்
Black Gooseberry Panacea <i>Phyllanthus sp. (rare)</i>	Ultimate legendary panacea that confers all physical & alchemical siddhis.	328. கருநெல்லி

Common/Scientific Name	Properties	Tamil Name
Rock-dwelling Hogweed var <i>Boerhavia sp. (petrophilic)</i>	Converts liquid volatile mercury into a solid, heat-proof stone mass.	329. கல்லாரை
Lithophytic Alchemical Catalyst <i>Siddha lithophyte A</i>	Master catalytic agent used to prepare complex mercurial masters.	330. கல்ச்செம்பு
Rock Oleander variant <i>Nerium sp. (lithophytic)</i>	Used to structurally upgrade copper formulations into gold matrices.	331. கல்லறளி
Three-leaf Bud Catalyst <i>Siddha plant variant Q</i>	Solidifies liquid mercury into a wearable alchemical bead (<i>Mani</i>).	332. மூவிலைக்கு ருத்து
Mercury Clamping Shrub <i>Siddha plant variant R</i>	Achieves tight, secure structural alchemical binding of mercury.	333. முத்துருக்கன் செவி

Common/Scientific Name	Properties	Tamil Name
Red Thiray Shrub <i>Chrozophora rotleri</i> var.	Converts purified copper components directly into high alchemical gold.	334. செந்திராய்
Mercury Solidifier Vine <i>Siddha plant variant S</i>	Directly halts volatility of liquid mercury and structurally binds it.	335. செம்பல்லி
Red Hummingbird Tree <i>Sesbania grandiflora</i> (red)	Used to isolate and process cinnabar into a soft medicinal wax base.	336. செவ்வகத்தி
Bioluminescent Purifier Shrub <i>Chrozophora</i> sp. (rare)	Bleaches and purifies dark minerals into a pristine white state.	337. நிலச்சோதிக்கு
Ground Kadamba variety <i>Neolamarckia</i> sp. (dwarf)	Used to extract the core metallic essence out of silicate mica sheets.	338. நிலக்கடம்பு

Common/Scientific Name	Properties	Tamil Name
Yellow Arsenic Binder vine <i>Siddha plant variant T</i>	Alchemically binds and stabilizes yellow arsenic crystals (Gowri).	339. பிறங்கைநாரி க்கு
Arsenic Locking Shrub <i>Siddha plant variant U</i>	Achieves steady chemical locking of advanced arsenic formulations.	340. பூதணக்கு
Indian Ichnocarpus <i>Ichnocarpus frutescens</i>	Binds, stabilizes, and locks highly toxic mineral arsenic compounds.	341. செருந்தி
Dodder Parasite variety <i>Cuscuta sp. (variant)</i>	Expels heavy toxic bile accumulation and clears liver congestion.	342. கொத்தான்
Sensitive Plant variant <i>Mimosa pudica var.</i>	Binds loose bowels and dramatically curtails excessive urinary leaks.	343. வறச்சுண்டி

Common/Scientific Name	Properties	Tamil Name
Wild Mango Bark tree <i>Spondias mangifera</i>	Chemically solidifies volatile potassium nitrate crystals safely.	344. ஆமிரம்
Flame Heat Tree <i>Lannea sp. (variant)</i>	Extinguishes burning metabolic heat, internal inflammation, and fevers.	345. கட்டுமா
Hog Plum Fruit <i>Spondias mombin</i>	Alchemically fixes rock salt crystals, making them fully heat-proof.	346. அம்பளங்காய்
Sour Jungle Vine variety <i>Siddha vine variant A</i>	Solidifies and processes volatile chemical salt solutions (<i>Saram</i>).	347. புனம்பிளி
American Aloe / Century Plant <i>Agave americana var.</i>	Eradicates excruciating deep bone pain and neuralgic shooting aches.	348. இதளை

Common/Scientific Name	Properties	Tamil Name
Large Leucas variety <i>Leucas sp. (large var)</i>	Used to convert liquid volatile mercury into a stable medicinal calx.	349. தும்பி
Dwarf Leucas variety <i>Leucas sp. (dwarf var)</i>	Dispels deep emotional grief, psychological depression, and melancholia.	350. சிறுதும்பி
Alchemical Mercury-Flower <i>Siddha flower variant A</i>	Secretes juice that behaves identically to pure liquid alchemical mercury.	351. சோனகப்பூ
Turnsole variety <i>Chrozophora plicata</i>	Cures critical high-fever delirium and balances nervous coordination.	352. திராய்
Wild Colocynth / Bitter Apple <i>Citrullus colocynthis (wild)</i>	Used to lock, bind, and chemically control dangerous arsenic minerals.	353. பேய்த்துமிட்டி

Common/Scientific Name	Properties	Tamil Name
Resin Gardenia Tree <i>Gardenia resinifera</i>	Used to process and calcine white metallic tin into a safe calx.	354. பெருங்கம்பி
Thorny Alchemical Shrub <i>Ziziphus sp. (thorny var)</i>	Used to process and reduce arsenic trisulfide into medicinal calx.	355. மரிதுடாரி
Thorny Shrub variant (above) <i>Ziziphus sp. (variant)</i>	Duplicate entry action: used to manufacture arsenic-based calx.	356. மறிதொடரி
Tuberous Luffa <i>Luffa tuberosa</i>	Excellent catalytic medium to convert mercury into advanced calx.	357. தேவதாளி
Coastal Morning Glory <i>Ipomoea sepiaria</i>	Cures chronic asthma, hacking dry cough, and sudden fainting spells.	358. தாளி

Common/Scientific Name	Properties	Tamil Name
Fragrant Morning Glory var <i>Ipomoea sp. (fragrant)</i>	Dissolves and flushes out stubborn respiratory phlegm congestion.	359. நறுந்தாளி
Prickly Pear Cactus variety <i>Opuntia dillenii</i>	Alchemically binds and structurally locks volatile metallic zinc (<i>Nagam</i>).	360. நாகதாளி
Wild Bitter Bottle Gourd <i>Lagenaria siceraria (wild)</i>	Neutralizes and acts as an antidote for acute systemic organic poisons.	361. பேய்ச்சுரை
Wild Ridge Gourd (Sulfur oil) <i>Luffa echinata (repeated)</i>	Used to process elemental sulfur into a highly active medicinal oil.	362. பேய்ப்பீர்க்கு
Mongoose Plant <i>Ophiorrhiza mungos</i>	Acts as an instantaneous field antidote for lethal snakebite venoms.	363. சற்பாகூறி

Common/Scientific Name	Properties	Tamil Name
Toxic Wild Gourd variety <i>Luffa sp. (toxic variant)</i>	Functions as a violent toxic purgative to expel deep stubborn venoms.	364. பைசாசப் பீர்க்கு
Red Cinnabar Binder herb <i>Siddha plant variant U</i>	Alchemically binds, traps, and immobilizes volatile red cinnabar ores.	365. சுவசற் பாக்ஷி
Slender Evolvulus <i>Evolvulus alsinoides</i>	Celebrated remedy for clearing stubborn chronic & intermittent low fevers.	366. விட்டுணு காந்தி
Acute Clandestine Mallow <i>Sida acuta var.</i>	Used to convert purified copper into a fine medicinal red oxide form.	367. நாகபாலை
Water Kadamba (Lead oxide var) <i>Mitragyna parvifolia (rep)</i>	Used to process metallic lead into a high-potency alchemical red oxide.	368. நீர்க்கடம்பு

Common/Scientific Name	Properties	Tamil Name
Wild Thorny Acacia <i>Acacia caesia var.</i>	Used to process and calcine arsenic trisulfide into an alchemical red oxide.	369. ஈகை
Bird Lime Tree / Clammy Cherry <i>Cordia dichotoma</i>	Heals severe aphthous mouth ulcers, tongue blisters, and lacerations.	370. நறுவெளி
Sour Cissus Vine variety <i>Cissus sp. (sour variant)</i>	Chemically processes and stabilizes volatile liquid mercurial solutions.	371. புளிவஞ்சி
Alchemical Lithophytic Herb <i>Siddha lithophyte B</i>	Alchemically fixes common rock salt, rendering it completely heat-stable.	372. சிறுகல்லு
Simple Leaf Bushweed <i>Flueggea virosa</i>	Dispels excessive systemic visceral heat and cools internal organs.	373. வெட்புலா

Common/Scientific Name	Properties	Tamil Name
Water Willow <i>Homonoia riparia</i>	Greatly enhances reproductive vitality, stamina, and physical energy.	374. நீர்ப்புலா
Heat-binding Creeper Yam <i>Dioscorea sp. (creeper)</i>	Achieves swift structural solidification and binding of liquid mercury.	375. தலைச்சூடு வள்ளி
Mexican Prickly Poppy <i>Argemone mexicana</i>	Used to bind, lock, and fix volatile liquid mercury during high heating.	376. பிரமதண்டி
Turkey Tangle Fogfruit <i>Phyla nodiflora</i>	Cures acute dysentery cramps, systemic core heat, and urinary leaks.	377. பொடுதலை
Trailing Justicia <i>Justicia procumbens</i>	Eradicates all harmful intestinal worms, hookworms, and gut parasites.	378. கோடகசாலை

Common/Scientific Name	Properties	Tamil Name
Alchemical Pulse Catalyst var <i>Fabaceae sp. (variant A)</i>	Contains deep chemical properties that act as an excellent catalyst base.	379. இடுகொள்ளு
Wild Horse Gram Shrub <i>Macrotyloma sp. (sylvestre)</i>	Binds and locks dangerous volatile chemical alkalis and harsh minerals.	380. காட்டுக்கொள்ளு
Cultivated Horse Gram <i>Macrotyloma uniflorum</i>	Successfully stabilizes and binds chemical salt bases against volatility.	381. நாட்டுக்கொள்ளு
Sugarcane (Spiritual context) <i>Saccharum officinarum (rep)</i>	Used in traditional cleaning methods to dispel negative mental entities.	382. கரும்பு (பசாசு)
Stone-melting Shrub <i>Siddha plant variant V</i>	Turns hard minerals into an adaptable, soft alchemical wax layout.	383. தின்பு

Common/Scientific Name	Properties	Tamil Name
Base Mercury-Calx Herb <i>Siddha plant variant W</i>	Used as a foundational medium to manufacture premium mercury calx.	384. துரும்பு
Thorny Jackfruit variant <i>Artocarpus sp. (thorny)</i>	Heavily boosts male virility, testosterone levels, and stamina.	385. முட்பலா
White Arsenic Converter herb <i>Siddha plant variant X</i>	Converts crude yellow arsenic into a safe, processed white calx.	386. வன்மறை
White Babool Tree <i>Acacia leucophloea</i>	Induces rapid closure, tissue binding, and healing of deep wounds.	387. வெள்வேல்
Black Babool Tree <i>Acacia nilotica</i>	Strongly tightens loose bleeding gums, binds loose teeth, halts decay.	388. கருவேல்

Common/Scientific Name	Properties	Tamil Name
Nux Vomica / Poison Nut Tree <i>Strychnos nux-vomica</i>	Formulated meticulously to grant total cell rejuvenation & Kaya Siddhi.	389. காஞ்சிரம்
Mountain Fig Shrub <i>Ficus microcarpa var.</i>	Acts as a potent binding astringent to stop violent chronic diarrhea.	390. மலையத்தி
Wild Sarsaparilla Climber <i>Smilax aspera var.</i>	Serves as a swift, reliable field antidote for Russell's Viper venom.	391. சடைச்சி
Forked Smilax variant <i>Smilax sp. (forked)</i>	Processes harsh metallic alkalis into a pristine, safe white base.	392. கப்புச்சடைச்சி
Wormwood / Mugwort variant <i>Artemisia siversiana</i>	Used as a powerful alchemical freezing and binding agent (<i>Thambanai</i>).	393. தமனகம்

Common/Scientific Name	Properties	Tamil Name
Salt-fixing Alchemical Shrub <i>Siddha plant variant Y</i>	Alchemically fixes common table salt, preserving structure under fire.	394. சத்துகம்
Clear Vision Orchid Shrub <i>Siddha orchid variant</i>	Clears blurred vision, ocular smoke sensations, and eye strain.	395. மாஞ்சரோணி
Bamboo Rice Seeds <i>Bambusa arundinacea seeds</i>	Clears constitutional deep-seated doshas and strengthens weak bones.	396. மூங்கிலரிசி
Tender Bamboo Shoot <i>Bambusa arundinacea shoot</i>	Stops internal hemorrhages; used to produce zinc calx and tin sheets.	397. மூங்கில் குருத்து
Copper-transmuting Shrub <i>Siddha plant variant Z</i>	Converts basic iron sheets into a high-value alchemical copper form.	398. செவ்விறகு

Common/Scientific Name	Properties	Tamil Name
Red Sandalwood <i>Pterocarpus santalinus</i>	Advanced alchemical medium to transmute purified copper into gold.	399. செம்மரம்
Single-stem Alchemical Herb <i>Siddha rare single-stem</i>	Converts basic silver components into a refined copper matrix.	400. ஒருகொம்பு

SECTION 5: HERBS 401 TO 485 (COMPLEX OXIDES, MINERALS, AND FINAL SYNTHESSES)

Common/Scientific Name	Properties	Tamil Name
Water Wood Apple variant <i>Limonia sp. (aquatic)</i>	Completely eliminates acute mental madness, mania, and wild distress.	401. நீர்விளா

Common/Scientific Name	Properties	Tamil Name
Tin-solidifying Alchemical Vine <i>Siddha plant variant AA</i>	Successfully solidifies and stabilizes volatile metallic tin against fire.	402. கழுதை மான் புள்ளி
Yellow Arsenic Fixer Tree <i>Siddha tree variant D</i>	Securely binds and solidifies hazardous volatile yellow arsenic.	403. நெய்ம்மரம்
Ancient Golden Rice Cultivar <i>Oryza sativa (ancient)</i>	Legendary grain used to directly synthesize alchemical gold matrices.	404. பொன்வண்ண ச்சாலி
Lush Cassia variant <i>Cassia fistula (lush)</i>	Expels all varieties of microscopic intestinal worms and parasites.	405. செழுமலர்க் கொன்றை
Giant Flowered Cassia <i>Cassia sp. (large)</i>	Eradicates severe deep-seated parasitic colonies from the human gut.	406. பெருமலர்க் கொன்றை

Common/Scientific Name	Properties	Tamil Name
Toothbrush Tree / Mustard Tree <i>Salvadora persica</i>	Cures intense localized skin itching, persistent rashes, and pruritus.	407. ஓமை
Age-reversing Ground Herb <i>Siddha ground variant</i>	Reverses physical graying of hair, wrinkles, and signs of old age.	408. சிறுநிலக்கு
Hemostatic Blue Vitriol herb <i>Siddha plant variant AB</i>	Transmutes basic copper sulfate crystals into a refined copper state.	409. குறிதிமாறிக்கு
Sour Naralai Climber <i>Cissus repens var.</i>	Eradicates chronic limb numbness, muscle deadness, and paralysis.	410. புளிநறளை
Cinnabar Colocynth lock var <i>Citrullus colocynthis var.</i>	Alchemically binds and locks volatile mercurial cinnabar compounds.	411. பேய்க் கும்மட்டி

Common/Scientific Name	Properties	Tamil Name
Turkey Berry <i>Solanum torvum</i>	Expels persistent chronic fevers, cures indigestion, tones stomach.	412. சுண்டைக்காய்
Black Sesame Seed <i>Sesamum indicum (black)</i>	Formulated to prepare sacred longevity marks, pastes, and health tonics.	413. காரெள்ளு
Katuki / Picrorhiza Root <i>Picrorhiza kurroa</i>	Breaks deep internal fevers and eliminates toxic hepatic liver blocks.	414. பித்தரோகணி
Indian Gooseberry / Amla <i>Phyllanthus emblica</i>	Converts volatile elemental sulfur into a stable, non-reactive copper base.	415. நெல்லி
Starter Oil Alchemical Herb <i>Siddha plant variant AC</i>	Functions as a primary catalytic starter for creating healing oils.	416. சின்னக்கை

Common/Scientific Name	Properties	Tamil Name
Tanner's Cassia <i>Senna auriculata</i>	Used to process and convert metallic lead into a fine red oxide.	417. ஆவாரை
Wild Elephant Foot Yam <i>Amorphophallus sylvaticus</i>	Processes elemental sulfur into a safe, non-toxic white medicinal state.	418. காட்டுக்கரு ணை
Rudhanthi / Weeping Rock Shrub <i>Cressa cretica / variant</i>	Secretes an alchemical liquid that yields a highly sought rock-wax oil.	419. ருதந்தி
Glandular Physic Nut fruit <i>Jatropha glandulifera fruit</i>	Extracted juice completely neutralizes and terminates mercury volatility.	420. ஆதளைக் காய்

Common/Scientific Name	Properties	Tamil Name
Wild Coral Tree variant <i>Erythrina sp. (wild)</i>	Cures advanced physical consumption, tissue wasting, and tuberculosis.	421. நரிமுருக்கு
Indian Coral Tree <i>Erythrina variegata</i>	Processes purified iron elements into a highly potent medicinal red oxide.	422. கிளிமுருக்கு
Soma Vitality Rejuvenator <i>Siddha plant variant AD</i>	Provides core somatic cell revitalization to achieve complete Kaya Siddhi.	423. நெபத்திகை
Magnetic Copper-to-Iron herb <i>Siddha plant variant AE</i>	Converts raw copper components into a highly active magnetic iron base.	424. மஞ்சிபத்திரம்

Common/Scientific Name	Properties	Tamil Name
Wild Yellow Mustard Shrub <i>Cleome viscosa</i>	Acts as an acute binding astringent to stop loose bowel discharges.	425. நாய்வேளை
Raw Poison Aconite Root <i>Aconitum ferox</i>	Highly toxic, yet used alchemically to tightly bind liquid mercury.	426. பச்சைநாவி
Swallow-root / Magali Root <i>Decalepis hamiltonii</i>	Instantly clears heavy mental confusion, vertigo, swooning, and dizziness.	427. மாகாளி
Talipot Palm <i>Corypha umbraculifera</i>	Flushes out toxic urinary accumulations, dropsy, and excess body fluids.	428. தாளிப்பனை
Caustic Soda processing herb <i>Siddha plant variant AF</i>	Used to process common washing soda into an advanced caustic calx.	429. விறுத்தி

Common/Scientific Name	Properties	Tamil Name
Spade Leaf Lily / Hybanthus <i>Hybanthus enneaspermus</i>	Cools systemic inflammation, stops nocturnal emissions, quenches heat.	430. ஓரிலைத்தாமரை
Marsh Barleria / Hygrophila <i>Hygrophila auriculata</i>	Potent diuretic that completely clears severe body swelling and edema.	431. நீர் முள்ளி
White Hygrophila variant <i>Hygrophila sp. (white)</i>	Sublime catalyst to convert crude copper into a medical master-liquid.	432. வெள்ளை நீர்முள்ளி
Gotu Kola Butter variant <i>Centella sp. (variant)</i>	Chemically solidifies volatile mercury into a thick white stable butter.	433. நல்லாரை

Common/Scientific Name	Properties	Tamil Name
Bitter Spinach variant <i>Basella alba (bitter)</i>	Directly arrests the volatility of liquid mercury and structurally locks it.	434. கசப்புப் பசளை
Black Vetiver / Ceylon Coleus <i>Coleus zeylanicus</i>	Extinguishes extreme visceral heat, internal burning, and thirst.	435. இருவேலி
Cotton Plant Shrub <i>Gossypium hirsutum</i>	Stops severe menorrhagia, internal uterine bleeding, and flooding.	436. பருத்தி
Red Hibiscus / Shoe Flower <i>Hibiscus rosa-sinensis</i>	Deeply cools blood heat, eliminates toxic bile, and balances heart.	437. செம்பருத்தி
Hummingbird Tree Leaves <i>Sesbania grandiflora</i>	Instantly treats body inflammation, skin scalds, and inner heat.	438. அகத்தி

Common/Scientific Name	Properties	Tamil Name
Notch-leaved Amaranth <i>Amaranthus dubius</i>	Dispels body fevers; used to process black lead into a safe calx.	439. அரைக்கீரை
Climbing Leucas variant <i>Leucas sp. (climbing)</i>	Achieves direct chemical immobilization and locking of liquid mercury.	440. கொடிதும்பை
Wild Vine Salt Processor <i>Siddha vine variant B</i>	Chemically processes and stabilizes volatile organic salt solutions.	441. வனமிட்டி
Ash Gourd / Wax Gourd <i>Benincasa hispida</i>	Relieves localized skin itching/hives; used to make mind tonics.	442. பூசனி
Wild Melon variety <i>Cucumis melo var.</i>	Potent diuretic that drastically increases urine flow to clear tracks.	443. கக்கரி

Common/Scientific Name	Properties	Tamil Name
Wild Citrullus variant <i>Citrullus sp. (wild)</i>	Completely clears stubborn nerve-based Vatha aches and joint blocks.	444. கொம்மட்டி
Malabar Ironwood Berry Shrub <i>Diospyros ferrea</i>	Extracted to isolate a highly specialized medicated sulfur oil base.	445. இரும்பிலி
Wild Orange Climber <i>Toddalia asiatica</i>	Cures toxic venereal skin nodules, chronic syphilitic sores, and ulcers.	446. முளகரணை
Indian Indigo <i>Indigofera tinctoria</i>	Solidifies mercurial cinnabar; serves as a universal poison antidote.	447. அவிரிக்கு
Hemorrhoidal Leucas var <i>Leucas sp. (variant B)</i>	Eradicates chronic bleeding hemorrhoids and painful rectal piles.	448. களவு தும்பை

Common/Scientific Name	Properties	Tamil Name
Saltpetre Fixer Herb <i>Siddha plant variant AG</i>	Safely binds volatile potassium nitrate and common saltpetre crystals.	449. பிறங்கு நாரி
Thorny Caper variant <i>Capparis sepiaria var.</i>	Converts raw iron compounds into a premium refined copper-like form.	450. செங்கத்தாரி
Pure Calx White-out Shrub <i>Siddha plant variant AH</i>	Processes chemical compounds to render them into a pristine white state.	451. காட்டுத்தி
Mistletoe Tree Parasite <i>Dendrophthoe falcata</i>	Cures highly stubborn, advanced black leprosy and scaly skin decay.	452. புல்லூரி
Cinnabar Red Oxide Catalyst <i>Siddha plant variant AI</i>	Used to process cinnabar into an elite red oxide paste formulation.	453. திலகம்

Common/Scientific Name	Properties	Tamil Name
High-Density Element Fixer <i>Siddha plant variant AJ</i>	Solidifies chemical elements into a density as hard as a horse-tooth.	454. உச்சிச்சில்
White Pavetta Shrub <i>Pavetta indica</i>	Powerfully expels deranged Vatha, treating joint stiffness and pain.	455. பாவட்டை
Arrowhead Vine Parasite <i>Cassytha filiformis var.</i>	Successfully traps and binds dangerous volatile mineral arsenic masses.	456. கொடிக் கொத்தான்
Tissue Densifier Shrub <i>Siddha plant variant AK</i>	Confers profound structural density, hardness, and durability to tissues.	457. ஓடமெட்டி
Alchemical Cinnabar Wax flower <i>Hibiscus sp. (variant)</i>	Processes cinnabar into a soft, wax-like non-volatile medical base.	458. செம்பரத்தை

Common/Scientific Name	Properties	Tamil Name
Leafless Sarcostemma Vine <i>Sarcostemma viminale</i>	Binds arsenic; processes river zinc sand into a pure zinc calx base.	459. கொடிக்கள்ளி
Leafy Milk hedge Spurge <i>Euphorbia nivulia</i>	Extracted milky sap completely destroys and neutralizes arsenic toxicity.	460. இலைக்கள்ளி
Twisted Spurge / Chander Tree <i>Euphorbia tortilis</i>	Chemically binds and safely immobilizes highly volatile yellow arsenic.	461. திருகுகள்ளி
Deer-ear Spurge variant <i>Euphorbia sp. (deer-ear)</i>	Used to prepare zinc calx and processes volatile yellow orpiment wax.	462. மான்செவிக்கள்ளி

Common/Scientific Name	Properties	Tamil Name
Montane Senna variant <i>Senna sp. (montane var)</i>	Processes corrosive mercuric sublimate into a stable alchemical wax.	463. மலை பொன்னாவா ரை
Coffee Senna / Golden Cassia <i>Senna occidentalis</i>	Used to chemically convert lead into a safe alchemical red oxide.	464. பொன்னாவா ரை
Indian Ash Tree Wood Bark <i>Lannea coromandelica</i>	Instantly cleanses, tightens, and heals deep suppurating wounds.	465. ஒதி
Alexandrian Laurel (Ulcer var) <i>Calophyllum inophyllum (rep)</i>	Accelerates cellular closure and healing of chronic open ulcers.	466. புன்னை
Suriga Laurel Tree <i>Mammea suriga</i>	Securely solidifies and binds volatile raw arsenic trisulfide minerals.	467. சுரபுன்னை

Common/Scientific Name	Properties	Tamil Name
Zinc-locking Resin Shrub <i>Gardenia sp. gum / variant</i>	Chemically traps, solidifies, and immobilizes volatile metallic zinc.	468. நறும்பிசின்
Wild Ginger Stone-Binder <i>Costus speciosus var.</i>	Binds volatile mineral stones, making them fully heat-resistant.	469. சன்னை
Mustard Tree Shrub variant <i>Salvadora persica var.</i>	Used to isolate and extract core metallic essence from silicate mica.	470. உகாய்
Red Amla Fruit variety <i>Phyllanthus emblica (red)</i>	Hardens bodily architecture, teeth, and bones like solid pearls.	471. சிவப்பு நெல்லி
Wild Fenugreek <i>Trigonella foenum-graecum</i>	Used to manufacture a premium integrated copper-gold medical calx.	472. காட்டுவெந்தியம்

Common/Scientific Name	Properties	Tamil Name
Purple Fruited Nightshade <i>Solanum trilobatum</i>	Eradicates chronic respiratory phlegm & vastly scales up brain intellect.	473. தூதுளை
Indian Mulberry / Noni Shrub <i>Morinda citrifolia</i>	Successfully solidifies common table salt, preserving it under fire.	474. மஞ்சணாத்தி
Aloe Vera Common Cultivar <i>Aloe vera</i>	Processes white tin sheets into a highly active medicinal red oxide.	475. கற்றாழை
Red Aloe Vera variety <i>Aloe vera (red variant)</i>	Acts as a foundational fluid catalyst to manufacture advanced red oxides.	476. செங்கற்றாழை

Common/Scientific Name	Properties	Tamil Name
Black Glory Lily Shrub <i>Gloriosa superba (black)</i>	Legendary herb capable of seamlessly fusing cleanly severed body parts.	477. கருங்காந்தள்
Pearl Garlic Alchemical variety <i>Allium sp. (rare pearled)</i>	Possesses the legendary property to revive a freshly dead creature.	478. முத்துப்பூடு
Egg-shell Calcination Orchid <i>Siddha orchid variant B</i>	Used to perform specialized alchemical egg-shell mineral calcination.	479. குளுந்த கொள்ளி
Black Chaff Flower variety <i>Achyranthes aspera (black)</i>	Ensures instant, painless, safe delivery during difficult labor blocks.	480. கருநாயுருவி
Ceylon Leadwort / Plumbago <i>Plumbago zeylanica</i>	Instantly binds bowels; halts violent bloody amoebic dysentery.	481. கொடிவேலி

Common/Scientific Name	Properties	Tamil Name
Plumbago Root Oil <i>Plumbago zeylanica oil</i>	Achieves steady, secure structural binding of liquid mercury under heat.	482. மேற்படி மூல தைலம்
Red Leadwort / Fire Plant <i>Plumbago rosea</i>	Primary premium catalyst used to synthesize elite metallic red oxides.	483. செங்கொடி வேலி
Zinc-nut Seed Formulation Oil <i>Alchemical oil mixture</i>	Used to structurally immobilize, bind, and lock volatile metallic zinc.	484. நாகக்கொட்டைத் தைலம்
Holy Basil Zinc Synthesis <i>Ocimum sanctum formula</i>	Processes the aforementioned bound zinc into a pristine alchemical calx.	485. துளசி

ABOUT SANMARKKAM LIFE



Sanmarkkam Life is a nonprofit born to bring the teachings of Ramalinga Swamigal — lovingly known as Vallalar — to every corner of the world.

We believe his wisdom should be available to every fellow human being without any barrier whatsoever.

WHAT WE DO:

- Offer Translations and commentaries of his works of *Thiru Arutpa* and *Urainaidai*, plus our other publications.
- Feed plant-based food to the needy
- Offer Sanmarkkam based items on our Emporium. Free and donation based.
- Educational social media content and articles
- Discourses, seminars and workshops
- Offer tools like KarunAI to make the wisdom more accessible

We are a living community of souls united by *Atma neya orumaipadu* (the unity of souls) and *Jeevakarunyam* (active

compassion toward all life) Those are the foundation principles that Vallalar placed beneath all genuine spiritual life.

We have country representatives active across the globe, offering seminars, free meals, and local community presence.

Everything we offer is given freely to everyone, regardless of anything. With no barriers and no discrimination.

WHY OUR WORK MATTERS

We live in a world overwhelmed by problems:

- Wars
- Poverty
- Aging
- Disease
- Death
- Animal suffering
- Environmental destruction
- Inequality and injustice
- And many more

In front of all of these, where should we even begin?

The teachings of Suddha Sanmarkkam offer a simple answer: At the very root, the cause of those is the absence of this soul unity and active compassion to all life.

But when those two core values flourish, everything changes for the better. Those who practice this heal themselves and their surroundings on all levels.

A NEW EARTH

When we feel we are all part of one single family, the divisions that cause so much pain simply melt away:

- **Wars will end:** War is only possible when we believe "us" are more important than "them." When we feel Oneness, there is no "them." Harming another country would feel like hurting our own family. Borders and nations will become past memories as we unite as one humanity.
 - **Hunger will vanish:** In a world filled with compassion, it would be unthinkable to let someone starve. Food and clean water would be seen as a basic right for every living being, human and animal, and shared freely with joy.
 - **Poverty and inequality will Disappear:** Greed comes from the fear of not having enough and the primordial dark desire coming from the Ego. But in a world of Oneness, we feel secure in our connection. The joy of giving replaces the fear of lacking. Wealth and resources will naturally flow to where they are needed, ensuring everyone has a dignified and comfortable life.
 - **Divisive religions and caste fades:** The ignorance from sectarianism and superstition from religious organizations disappear.
 - **Animal Suffering Will Cease:** We will finally see animals not as objects to be used, but as soul brothers and sisters in our great family. Factory farms and slaughterhouses will disappear, replaced by sanctuaries and a deep respect for all creatures. Animals will be seen as Souls and the humans compassionate job will be to help them to acquire a human body so that they can attain Liberation.
-

- **A Planet Healed and Restored:** When we see the Earth as our own living body, we will naturally become its loving caretakers.
 - **Global Warming Will Subside:** The planet's fever or global warming is a direct result of treating it poorly and disrespectfully. When we feel our Oneness with nature, we will stop poisoning our rivers and skies. We will stop the animal agriculture greatly contributing to global warming. We will work in harmony with the Earth, and its natural balance will be restored.
 - **The Environment Will Flourish:** Deforestation and pollution come from a mindset of taking without giving back. A compassionate humanity will act as gardeners of the planet, planting trees, cleaning our oceans, and preserving the beautiful biodiversity of life.
-

A NEW HUMANITY

As the world around us heals, our own bodies and minds will also transform:

- **Sickness will fade:** Many of our illnesses are caused by stress, unhealthy food, and inner conflict. In a peaceful world with pure food, a balanced lifestyle, these causes will be removed. A heart full of compassion is the greatest medicine, bringing harmony to the body and mind.
- **The pain of aging will be overcome:** As we align with the timeless nature of our souls, the process of aging will slow down. According to Vallalar, the human body has the potential to become an ever youthful radiant, healthy, and even deathless form.
- **Painful Desires Will Dissolve:** The constant chase for more money, more things, and more validation is the

source of much of our unhappiness. When we feel the inner joy of Oneness, this frantic chasing stops. We find peace not in getting more, but in being connected to everything.

- **No more inequality and discrimination by birth:**
Children will no longer be born into situations of hardship or inequality. A world of compassion will ensure that every single soul that comes to this Earth is welcomed into a safe, loving, and supportive environment.
- **The Arch-enemy of Death loses the battle:**
Sanmarkkam brings humanity together in **defeating the true enemy: Death**. No matter whether rich or poor, black or white - all humans are subject to this final malady. Death has been casting immense suffering to humanity since the beginning of times. According to Vallalar by practicing Absolute Compassion towards all Life, it is possible to finally defeat this arch-enemy and finally celebrate Life and live blissfully.

According to Vallalar. spreading Suddha Sanmarkkam is not one good cause among many. It is the supreme medicine — the one that addresses every disease.

In short, ***by spreading Suddha Sanmarkkam, you invite a utopian Heaven on Earth.***

HOW YOU CAN MAKE A DIFFERENCE

The most impactful thing you can do is practice what you have just read. They say: *“Be the change you want to see in the world.”* Start extending compassion towards all Life and be an instrument of Grace.

Beyond that, share this book with someone who is searching. Countless people are looking for a path that is historically grounded, spiritually complete, and genuinely open to them. — and most have never heard of Vallalar.

You can change a life for the better with a single conversation or a shared file.

JOIN AS VOLUNTEER

If you feel called to participate in our mission, consider volunteering with us. We welcome people from every background — writers, translators, designers, organizers or those who simply want to help. Apply at <https://sanmarkkamlife.org/volunteer>

SUPPORT OUR MISSION

This book was given to you freely. Every translation, every emporium item, every meal, every piece of educational content we produce runs entirely on the generosity of people who found value in this work. A small contribution goes directly toward keeping this light moving:

\$1 Provides a meal to someone in need.

\$5 Gets an emporium item to someone in need.

\$15 Pays for one of the online tools we use.

\$30 Funds our infrastructure for a few days

\$50 Sponsors a local seminar or free meal service in a community.

\$100 Helps carry this light into a new country.

If this work has touched you, feel free to donate at <https://sanmarkkamlife.org/donate> — and/or simply pass this book to someone who is searching. Both help.

CONTINUE YOUR JOURNEY

The Suddha Sanmarkkam Path is a lifelong journey. This is just the beginning and we have so much more to offer to you for free:

- **Thiru Arutpa:** The Sacred Songs of Grace from Vallalar
- **Urainaidai :** Vallalar's own prose works.
- **Sanmarkkam Emporium:** Donation-based items
- **KarunAI:** Your personal guide for the path
- **TamiLearn:** The tamil learning App
- **Videos & Articles:** Educational digital content
- And much more!

Everything else we offer is waiting for you at <https://sanmarkkamlife.org/start>.

JOIN THE COMMUNITY

To join the Sanmarkkam Life Family community in your language, visit <https://sanmarkkamlife.org/community>.

Arut Perum Jyoti · Arut Perum Jyoti Taṇiperum Karuṇai · Arut Perum Jyoti

May all living beings live happily in absolute compassion forever.
— Vallalar



Mooligai Guna Attavanai, "The Table of Herbal Qualities," is a short prose work coming from Ramalinga Swamigal, lovingly known as Vallalar (1823–1874).

It is different from his poems and his ethical texts. It is a working list: hundreds of plants set down one after another, each paired with the disease it was held to relieve or the role it played in the medicine of its day.

The chart belongs to the world of Siddha medicine, the ancient healing system of the Tamil land in which Vallalar further purified by removing cruel substances such as blood, organs, egg and bones.

It moves through the plants a nineteenth-century healer would have known by sight and by name. From neem and Tulasi to the sacred tree of Vilvam and the humble plantain.

For many plants the list goes further, naming the separate powers of the flower, the root, the bark, the sap, and the leaf, so that a single plant may occupy several lines.

Why would Vallalar, whose whole teaching was compassion, set down a list of herbs and minerals? Because for him the two were never separate. His central value was Jeevakarunyam, active compassion for every living being, and relieving the suffering coming from any disease is an act of Jeeva Karunyam itself.